

APPENDIX A: Survey

This quick anonymous survey aims to identify how and why classical acupuncture manipulation techniques and electro acupuncture are applied in practice in Australia. It should take you around 10 minutes to complete. Some questions involve certain terms, for example, classical acupuncture manipulation techniques mean following the traditional/classical ways and techniques of locating acupoints, needle insertion, applying fundamental and more complex manipulation techniques for *Deqi*, reinforcing and reducing techniques, and then the withdrawal of the needle. Modern general techniques indicate simplified needle insertion, common needle techniques, needle retention and then needle withdrawal. Electro acupuncture is defined as applying electro stimulation to the inserted needles. Your responses are anonymous and cannot be tracked back to you.

1. What is the highest degree in acupuncture or Chinese medicine you have completed?
 - Diploma or advanced diploma in acupuncture
 - Diploma or advanced diploma in Chinese Medicine
 - Bachelor's degree in acupuncture
 - Bachelor's degree in Chinese Medicine
 - Master or PhD degree in acupuncture
 - Master or PhD degree in Chinese Medicine
 - Above ticked degree was achieved in Chinese language
 - Above ticked degree was achieved in non-Chinese language
 - Other (please specify) : _____

2. What is the length of your time practicing acupuncture and/or Chinese medicine?
 - Less than 5 years
 - 5-15 years
 - 16-25 years
 - 26-39 years
 - More than 40 years

3. Do you pay attention to and apply *tiaoshen* (mindfulness or focus) during an acupuncture treatment?
 - yes, very much
 - yes, some time
 - no, do not think it is important
 - no, never heard of it

4. When you are practicing acupuncture, what do you think you are regulating underneath the needle?

5. Do you think classical acupuncture manipulation techniques can be replaced by electro acupuncture?
 - yes, completely
 - most of the time
 - half of time
 - less than half time
 - not at all

6. If your answer to Question 5 is most of time, half of time or less than half of time, can you please specify the common indications (diseases/signs/symptoms, or Chinese medicine patterns) where electro acupuncture are applied? (Please list as many as possible)
Diseases/signs/symptoms :

CM patterns :

7. Do you use electro acupuncture in most of your treatments?
 yes, please continue with the following questions
 no, please skip to Question 13
8. You use electro acupuncture for most of treatments because :
 do not know classical acupuncture manipulation techniques
 modern general techniques are NOT good enough
 electro acupuncture works really well
 electro acupuncture is easy to administer
 electro acupuncture saves my time, and I can treat more than one patient at one time
 to avoid patients' complaining of pain or strong needle sensation
 my patients like and ask for it
 I can charge more money for the treatment
 other(please specify): _____
9. When you use electro acupuncture, do you carefully set up the parameters?
 yes, please continue with the following questions
 no, **that is all. Thank you!** If you still have some time, please skip to the last page and give more comments and opinions.
10. You select a certain intensity in electro acupuncture with the consideration of:

11. You select a certain frequency in electro acupuncture with the consideration of:

12. You select a certain pulse wave form in electro acupuncture with the consideration of:

- That is all. Thank you!** If you still have some time, please skip to the last page and give more comments and opinions.
13. Do you use classical acupuncture manipulation techniques for most of your treatments?
 yes, please skip to Question 16
 no, please continue with the following questions
14. You do NOT apply classical acupuncture manipulation techniques for most of your treatments because:
 I do not know classical acupuncture manipulation techniques
 modern general needle techniques are effective enough
 modern general needle techniques are easily manipulated
 modern general needle techniques save my time
 patients complaining of pain or strong sensation arising from classical acupuncture manipulation techniques
 other (please specify): _____
15. You do NOT use electro acupuncture in most of your treatments because:
 I do not know electro acupuncture very well
 I do not think electro acupuncture works well
 other (please specify): _____

That is all. Thank you! If you still have some time, please skip to the last page and give more comments and opinions.

16. Do you think there are advantages of classical acupuncture manipulation techniques, comparing to modern general techniques and electro acupuncture?

17. Do you think there are disadvantages of classical acupuncture manipulation techniques, comparing to modern general techniques and electro acupuncture?

That is all. Thank you! If you still have some time, please skip to the last page and give more comments and opinions

To appreciate your time and to keep the survey concise and clear, I did not ask too many questions; however, if you still have some time, may I get you to give more comments and opinions please? Thank you!

To improve the design of the survey, please list more comments and opinions below. Or contact Weihong directly by email : weihong.li-1@uts.edu.au
