

APPENDIX B: More comments and opinions (total responses: 25)

Category	
<p>1.EA does not involve the consideration of Qi, Shen, attention, energy, etc. which are carefully concerned in classical techniques</p>	You need the energy of another living being not a machine.
	There is no way to direct intention without traditional needling techniques.
	Machine does not make connection with Shen.
	I believe it is the focus of energy from the practitioner which provides the best results; I focus on a strong flow of energy through the needle which I find to be very effective; I prefer to use the flow of energy through my hands to provide the necessary effect.
	EA has nothing in common with classical manipulation as it is not responsive to changes in <i>Qi</i> sensation, etc.
	Electro acupuncture is mechanical but classical acupuncture can regulate <i>Qi</i> .
	To ignore the pulse is malpractice, which largely happens with electro acupuncture. Electro acupuncture is forcing the body to respond at a particular area and not much attention is paid to the pulse.
	I prefer 'hands on' needling and direct patient to practitioner contact via needling.
	'Intent' is missing from electro acupuncture.
	There is no mindfulness or intention, no sensitivity to what's happening with the <i>Qi</i> during electro acupuncture treatment.
It does not take into consideration the energy and intent of the practitioner.	
<p>2.These two acupuncture modalities works under different mechanisms</p>	Electro -acupuncture has a completely different intensity and level of stimulation.
	They perform different functions with different energy.
	They achieve different body changes and should not be used to replace, but instead used in conjunction if necessary.
	These are 2 different fields of practice and while both can be effective, they can't replace each other.
	Using electro is the 'doctor' doing the work, but we want the 'patient' to do the work.
	Electro acupuncture is a different therapeutic modality with its own characteristics. A human holding the needle is not the same as an electric current.
<p>3.The ancient wisdom has not be surpassed by modern techniques</p>	The ancient techniques have not been surpassed by modern practices.
	Electro acupuncture can create strong <i>Deqi</i> but cannot mimic the subtlety of specific classical techniques.
	Electro acupuncture, manually made nowadays, is not natural so cannot replace traditional Chinese way.
	Electro acupuncture cannot achieve what the acupuncture manipulation of mountain burning and sky cooling can do.

	No equipment can completely replace a human being.
4.EA can be too strong and looks fearful	Patients have hesitation towards electro, fear, etc.
	Patients do not tolerate the intense sensations from electro needling; I think too much electro in the wrong situation can be overstimulating. It can leave client drained and depleted. Many of my clients are very sensitive and do not require so much stimulation - in some cases just inserting and twisting is sufficient.
	I often find electro is too 'harsh' and even on low levels is unsuitable if there are muscle spasms or very tight muscles. I'd rather let the needle to do its work by itself without added stimulation.